



Vladyka Panteleimon (Shatov) - Bishop of Orekhovo-Zuevo, Vicar of the Patriarch of Moscow and All Russia, Head of the Synodal Department for Church Charity and Social Service of the Russian Orthodox Church, spiritual mentor of the St. Dimitry School of Sisters of Mercy, the leader and spiritual mentor of the largest Orthodox humanitarian aid service "Miloserdie". He is ordained in 1978. In 2010, he was promoted to the rank of archimandrite. He is a widower, has 4 grown-up daughters, and 20 grandchildren.

Vladyka was at the origin of the revival of the sisterhood in the 1990s. Yet to a wide circle of people he is best known as the founder of "Miloserdie" help service, which today already has 27 projects aimed at helping various categories of people in need: children and adults with disabilities, orphans, lonely and

elderly people, pregnant women and women with children, homeless, large families, low-income people, patients of medical institutions. These include the "Angar Spasenia" – "*Hangar of Salvation*" for homeless folk, the crisis center "Dom dlya mamy" - "*Home for mother*", St. Sophia's Social House, St. Spiridon almshouse, "Elizaveisky Sad" and others. According to the *RusFund* rating of 2016, the Orthodox aid service "*Miloserdie*" belongs to the top 10 fundraising charity foundations in Russia. According to a study by the *Donors Forum*, it is ranked 5th by frequency of mentioning in the media among Russian charity foundations.

In addition, Bishop Panteleimon devotes plenty of time to the volunteers and the care-receivers: he holds thematic meetings and talks, where he answers spiritual questions as well as the questions of vital importance, provides lectures and joint liturgies that unite "*Miloserdie*" volunteers, conduct on a regular basis the prayer services for creating a family for those looking for a spouse. He provides spiritual support, help, and advice. Particularly popular are his presentations "How to learn love," "On the choice of life partner," "On Liturgy," "On confession," and many others.

At the Volunteer's Day, Vladyka will talk about the importance of volunteering in Christian life. He will be available for questions, can give a useful advice required, and converse in a friendly atmosphere with all the participants.



Archpriest Ilya Limberger, spiritual mentor and friend of "*Good Deed*", was together with Alina Titova, at the origin of establishing the Russian Orthodox Diakonia in Germany.

He was born in Moscow. He has emigrated with his family to New York in 1977. Since 1983 he lives in Germany. He graduated from the Faculty of Mathematics at the University of Munich.

In 1990, Ilya Limberger was ordained a priest and appointed to the parish of St. Nicholas in Stuttgart.

Archpriest Ilya is actively engaged in the work with Orthodox youth in Germany. He is a member of the youth council at the Synod of Russian Orthodox Church Outside Russia. He speaks

Russian, German, English and Serbian. He is the father of five children.



Deacon Igor Kulikov - Head of the Distance Education and Further Training Section of the Synodal Department for the Church Charity and Social Service of the Russian Orthodox Church. He graduated from Russian Technological University(MIREA) as engineer-mathematician, as well as from the theological faculty of St. Tikhon Orthodox Humanitarian University (PSTU).

In collaboration with the editors of the sites of the St. Tikhon Orthodox Theological Institute, he is engaged in content managing and developing the portal "Pastyr" intended for priests, that was started with the blessing of His Holiness the Patriarch in 2016. Father Igor is also responsible for conducting pastoral seminars, which are held monthly under the chairmanship of Vladyka Panteleimon (Shatov) at the PSTU sites.



Frederica (Maria) de Graaf is a philologist-slavist, psychologist, reflexologist, volunteer of the First Moscow Hospice, the author of the book "*There will be no separation.*"

Frederica de Graaf was born in 1949 in Indonesia, where her father worked at that time. Six months later, the family returned to the Netherlands where Frederica lived for 25 years. In 1975, she met Metropolitan Anthony Surozhsky to change her life completely. In 1976, she came to Russia for the first time with a hospice mission. Because she was secretly baptised in Moscow, the Soviet authorities have been denied her an entry visa for 15 years. She lived in England to be closer to her spiritual father Anthony Surozhsky. Later, she could go to Russia with the blessing of the Metropolitan. She has been living in Russia for over 17 years and has been helping the patients of the First Moscow Hospice. She knows how to listen and reveal pain, talk to the patients and be silently present with them. Frederica de Graaf participates in conferences, seminars, lectures on the specifics of handling seriously ill patients and their relatives. She teaches at the St. John the Divine Orthodox University in Moscow.



Pascal Lépine is the head of *Atypic*, Canada's leading consulting company for non-profit sector.

He studied French literature and was about to become a poet. However, at the age of 22 he has started his business and for more than 20 years has been engaged in raising funds for non-profit and charity organizations. Pascal Lépine was consulting top management in such well-known companies as *IBM, ING, Accor, KPMG* and *BT*. Today, his company *Atypic* has more than 70 clients from various fields: health care, education, culture and art, the environment.

Pascal supports many projects from his personal funds. He is also the owner of the website *engagés.ca*. Along with the

development of business, he is now spending his free time to the project “Imagine Canada”. From Pascal Lépine, you can learn how the nonprofit sector in Canada works. He will share many years of successful experience and vivid examples of effective actions, present in detail the key points of fund-raising, the platforms for attracting people to donate, the impact of modern technologies and will also answer your questions.



Konstantin Sedov is the leading professional hospital clown in Russia. He graduated from the Law Faculty of the Higher School of Economics, yet after a year of work, he has dramatically changed his life to become a clown volunteer at the Russian Children's Clinical Hospital (RCCH). As a student, he has already attended an amateur theater studio at the institute, but best of all he was fascinated by clownery. At the RCCH, he has worked with children who survived the tragedy of Beslan, natural disasters, cancer and other severe illnesses.

He studied in Portugal, was trained in Paris, the Netherlands, Israel, Austria, Spain. In 2011 he has created the professional organization “Bolnichnye Klouny” - “*Hospital Clowns*” and became its art director, the main performer and the mastermind. Today, 60 clowns in various regions of Russia help children to fight the diseases with jokes and laughter. “*Hospital clowns*” makes 2400 visits to hospitals per year, 6000 meetings with children per month and 32 hours per week devoted to communication with children. The clowns work on regular basis in Rostov, Kazan, Orel, St. Petersburg, Ryazan. Now it is a charity program of persistent social and psychological assistance to children, undergoing long-term treatment in medical institutions or living in social institutions, by means of hospital clownery.

From Konstantin you can learn more about the activities of “*Hospital Clowns*”, about the tasks and projects, the “tricks” that help and the difficulties that arise, you can talk about creative “keys”, the perception of children's grief and everything that is important when dealing with seriously ill children, as well as with their doctors and parents.



Alina Titova – the organizer and leader of the volunteer organization “*Russian Orthodox Diakonia in Europe "Good Deed"*”. In the past, she was publishing a Russian newspaper in Europe. Once she has posted an announcement about an ill child who required help. Since then, helping ill children has gradually replaced the publishing activities. Like-minded people came and helped to organize this assistance. After some time it became clear that the personal help is not enough, and there is a need in an organization to create a system for help. This is how the *Diakonia* emerged. And, despite the fact that “*Good Deed*” is a completely voluntary organization and all activities are based on the enthusiasm of the volunteers, the organization has a clear-cut structure and provides a coordinated work of all its members.